

DEMOCRATIC NATIONAL CONVENTION

Wednesday, August 21 and Thursday, August 22 Chicago, IL

Day Three of Democratic National Convention: A Night of Passion, **Patriotism**, and **Powerful** Messages

Kamala Harris Makes History as She Accepts Democratic Nomination for President

By Stacy M. Brown



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the Democratic National Convention continued the fervor that has electrified the Windy City all week. Following a stirring performance of his hit song "Higher Ground," Motown legend Stevie Wonder captivated the audience at the United Center in a spectacle of energy and emotion. The momentum carried through the evening with an equally

Chicago, IL–Day three of moving tribute from superstar John Legend, who honored the late Prince with "Let's Go Crazy" and paid homage to Minnesota Governor Tim Walz.

> The night's highlight was Democratic vice presidential the word' freedom,' they nominee Tim Walz, who took the stage to deliver a speech that resonated deeply with the packed arena. In addressing his largest audience, Walz framed the elec-

tion as a battle for the true meaning of "freedom," contrasting the Democratic vision with what he characterized as the Republican Party's dangerous agenda.

"When Republicans use mean that the government should be free to invade your doctor's office, corporations free to pollute your

Continue Three Page 5

President Kamala Harris formally accepted the Democratic nomination for president in a week filled with celebration, reflection, and a sense of history in the making. Following in the trailblazing footsteps of Shirley Chisholm, who ran for president 52 years ago, Harris became the first Black woman to receive a major political party's nomi-

On Thursday night, Vice nation for president while speaking to a packed house at the United Center in Chicago. "America, the path that led me here in recent weeks was no doubt unexpected. But I'm no stranger to unlikely journeys," Harris told the enthusiastic crowd. which greeted her with a standing ovation. She reflected on her late mother, Shyamala Harris, sharing a poignant story that resonated

deeply. "My mother was 19 when she crossed the world alone, traveling from India to California with an unshakeable dream to be the scientist who would cure breast cancer. I miss her every day, especially now. And I know she's looking down tonight and smiling."

The final night of the Democratic National

Continue Harris Page 5



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The Spiritual Side of This **Election Season** Publisher, The San Diego Voice & Viewpoint While some, because of the



Dr. John E. Warren

As America prepares for the most significant election since the signing of the Declaration of Independence, it seems a good time to remind so many that this nation was founded on godly principles. "We The People" have always been a godly people. Our currency reflects that in words "In God We Trust."

religious freedoms guaranteed by our Constitution, may not and do not believe in God, their beliefs must be respected but must not stand in the way of those of us who do believe in God.

EDITORIAL PAGE

By Dr. John E. Warren

In this crucial election season, we must be and remain a nation of prayer. Those of us who believe in God must not be ashamed or afraid to pray publicly. The scriptures of the Bible clearly point out the nature of our battle. In Ephesians 6: 12, the following words are found: "For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places." Through the MAGA

donment of our Constitution by the Republican side of our government, we have and are seeing "spiritual wickedness in high places". But we also see that God has an answer and that, in times such as these, he uses wickedness to make way for the preservation of what he has given us. This being said, what we see in the ground swell of support for the Harris/Walz Campaign would not have been possible without the "Clear and Present Danger" of Donald Trump and his disciples masquerading as the Republican Party.

movement and the aban-

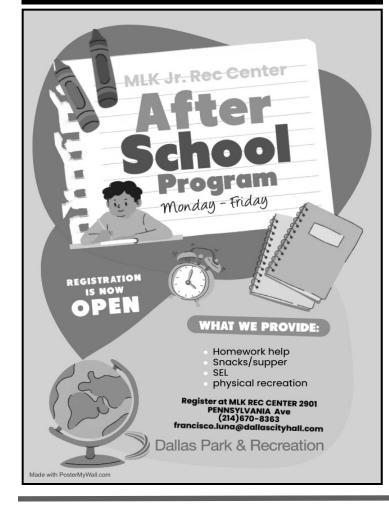
While we must register and vote, we must also PRAY. How we must pray is found in the scriptures in 2 Chronicles 7:14: "If my people, which are called by my name, shall humble themselves, and pray, and seek my face, and turn from their wicked ways; then will I hear from heaven. and will forgive their sin, and will heal the land". Clearly, the land needs healing. Notice in the scriptures that God says: "If my people." The call is for those of us who know we are his people to pray. Let's make prayer the spiritual side of this election while we register and vote; let's organize Democrats, Republicans, and Independents and work to save our nation. Let each one reach one, and each one prays for the many. Let's have a prayer chain from now until election day.

Night Night To Mr. Trump And the Republican-Themed Project 2025

By James B. Ewers Jr. Ed.D.

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James B. Ewers Jr. Ed.D.

Sometimes, your worst fears are realized. The nightmare doesn't end, and your sleep is interrupted. You are tossing and turning with your eyes wide open.

This painful scenario depicts the Republican Party. They have hit rock bottom and are in the subbasement. The keys to getting out have been misplaced and can't be located.

The Republican National Convention recently had no seasoning as it was a Trump convention. Traditional Republicans like the Bush family and the Dole family were missing. It was filled with marginal characters who spewed out innuendo, falsehoods and meanness. Those nouns describe the contents of Project 2025. Did you get tired of hearing about it?

The Democratic National Convention held in Chicago last week was an event of

hope, plans and joy. It was an all-inclusive and diverse convention. The DNC was about our America and our long-held values.

The eclectic blend of speakers was a rallying cry for everyone to get involved. The gravity and significance of this election were highlighted by every speaker and performer. One of the speakers was Steve Kerr, head coach of the Golden State Warriors and the Gold Medal winning USA Olympic basketball team.

He said, "I can see the shut up and whistle tweets being fired off as we speak. But I also knew as soon as I was asked that it was too important as an American citizen not to speak up in an election of this magnitude." He ended his speech by saying, "In the words of the great Steph Curry, we can tell Donald Trump night night."

Staunch critics of the Democratic Party are saying that the DNC was wonderfully staged. It had a variety of high-profile politicians from both sides. Republican Former Representative Adam Kinzinger (IL) urged fellow Republicans to get on board the Harris-Walz ticket. I believe the DNC

changed a lot of minds about Vice President Kamala Harris. Consistent themes resonated throughout the convention such as creating a middle-class tax cut, creating more affordable housing and lowering the price of prescription drugs. Personal stories were given about how the Biden-Harris administration helped them in their daily lives with the challenges they were facing. Delegates were in the audience nodding their agreement as to how they were helped as well.

Prior to Vice President Harris and Governor Walz getting in the race, North Carolina was not in play for the Democrats. Now it is. Governor Roy Cooper of the Tar Heel state said, "Kamala will be for you. Are we going to vote? Are we going to win?" A resounding yes erupted from the crowd when asked those questions.

Kamala Harris and Tim Walz will have work to do to heal the brokenness in the land. Suffering may endure for the night, but joy will come in the morning. This Biblical reference was made by both Representative Hakeem Jeffries (NY) and Senator Raphael Warnock (GA).

The work to put Vice President Kamala Harris and Governor Tim Walz in the White House will not be easy. While there are polls that say the Democrats are ahead, we can not reply to the polls. Vice President Harris said, "Trump is an un-serious man, but the consequences of putting Donald Trump back in the White House are very serious."

The nation wanted to see how Vice President Harris would be on this national stage. America, we saw that she passed the test with knowledge, boldness, and empathy. We, the people, cannot fall for the tricks and traps of the other side.

The next 70 days must be filled with activism, determination and energy. Every vote will matter in November. If your friends have not registered to vote, take them. If they need motivation to register, motivate them. Vice President Harris said, "This election is for our children and grandchildren."

The words of Dr. Martin Luther King Jr. ring true here. He said, "Human progress is neither automatic nor inevitable. This is no time for apathy or complacency. This is a time for vigorous and positive action."

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RELIGIOUS/NEWS

Instructions Regarding Various Groups in the Church

At the outset of our lesson, many of us contend that there is a vital distinction between worship and service. We think that worship is only when we present ourselves publicly in our churches; moreover, we conclude that our presence on Sundays only serves as the basis of worship. Whereas it is highly noble that we worship corporately (Hebrews 10:25); however, our whole life should be dedicated to the desired end that God would be glorified, regardless of wherever we are. Even in our secular affairs, we should be serving God, for true worship of God truly inspires service. Genuine service to others is a true reflection of our worship of God.

I Timothy 5:1-25 may be outlined as follows: I. Service In Relation to Human Relationships - I Timothy 5:1-2; II. Service In Relation to Widows -I Timothy 5:3-16; III. Service In Relation to Elders - I Timothy 5: 17-25.

III. Service In Relation to Elders - I Timothy 5: 17-25

I Timothy 5:1-25

Paul now points his attention to addressing the Elders, for he had already referred to them as "Bishops" in Chapter 3. These men are to be rewarded for their devotedness to preaching and teaching the word (verse 17). The Elders should be rewarded liberally for their labor of preaching and teaching the word (verse 18). Ample compensation should not be an issue with one who is faithful in his main ministry of presenting the word! Using the example of the Old Testament (Deuteronomy 25: 4), just as the beast of burden (an ox) is rewarded for its' labor, so the faithful servant of God should be compensated generously for his labor (verse 18). In an area in which an accusation is to made against a leader, Paul cautions Timothy to receive an accusation only on the witness of two or three (verse 19).

For an accusation to be valid in the Old Testament there must be two or more witnesses. Where there was persistent sin involved with a leader, Paul said to Timothy- "them that sin rebuke before

all." A persistent sinning Elder should be approached by these witnesses privately. But, if that doesn't work, then he should be dealt with publicly. But, in any approach, do it in the spirit of love, and consider how vulnerable you might be in falling in a questionable offence (Galatians 6:1). This public censure of one leader will cause other leaders to be more aware of the severe consequences thereof! (verse 20).

In verses 21-22, Timothy was admonished by Paul not to be partial in his dealings with others. Timothy had a grave responsibility to carry out these instructions with equity before God and the heavenly witnesses. He must be led properly as he chooses church leaders, for he is not to hastily endorse any man. He is not to choose a church official hastily because the man he chooses life of sin would be the responsibility of Timothy's own act of choosing him. Timothy is finally cautioned by Paul to - "Keep" thyself pure." Again, Timothy must stay on guard to



Rev. Johnny Calvin Smith

make acceptable appointments as he chooses leaders.

In verse 23, this verse has been the center of ominous or bad interpretation. Paul is not urging Timothy to take care of his body by encouraging him to drink beer, wine or liquor. The wine that Paul prescribed would help Timothy's stomach; it was medicine, not a social beverage. Some had suggested that Timothy's problem stemmed from the problems in the Ephesian church that caused Timothy to have ulcers.

In verse 24-25, all believers are heading toward judgment carrying with them either their sins or good work. Their sins and good works go before them and are obvious to others. For some, their sins and good works are not obvious, Paul is stressing the difficulty in choosing qualified candidates for ordination; thus, Paul is warning against rushing to ordain someone.

"May God Bless!"



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Voting Is Bigger Than The Harris Campaign

By Dr. John E. Warren Publisher, The San Diego Voice & Viewpoint

The stakes are bigger than the race for the Presidency between Vice President Harris and Donald Trump. All 435 seats in the U.S. House of Representatives are on the ballot; a third of the U.S. Senate, including a seat from the State of California are on the ballot; local races for Mayor, City Council seats and County Supervisors, or Commissioners as they are called in some areas, are on the ballot. Propositions are on the ballot, such as Rent Control to name one in the State of California. These

issues will determine our quality of life for the next two to four years. Each of us has a say, whether or not we think we are important.

Every Black person in America does not want Kamala Harris as President any more than all White people want Donald Trump re-elected. This means that the obligation each of us have to vote is bigger than battle for the the Presidency. It's about each of us taking responsibility for our own future. If you have not registered to vote, there is still time to do so regardless of where you live. Don't let your future be determined by people who neither know you nor personally care about you when you can participate in shaping your future.

Remember, if those running for office didn't ask you for your vote, then they probably think either you won't vote, so why bother, or they have decided that they don't really need your vote. By voting, you can send a message. Find someone to vote for. It's not too late to register and vote, even if you are homeless.

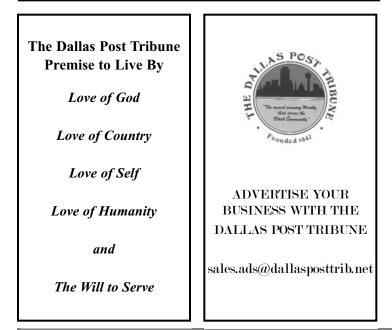


Dr. John E. Warren

In less than 70 days, each of us will have an opportunity to either cast a vote or help someone vote who would not otherwise do so.



Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.



***** VOTING INFORMATION *****

Last day to register to vote: Oct. 7, 2024

Quinn Minute

Nursery rhyme re-visit

By Rix Quinn

As I get older, I try to learn something every day. That's not always possible, because some days I just watch reruns.

I'm not alone in this mission. My friend Lucas spent months trying to read deeper meanings into old nursery rhymes.

For instance, "Incy Wincy Spider climbed up the water spout. Down came the rain, and washed the spider out. Out came the sun, and dried up all the rain. And Incy Wincy Spider climbed up the spout again."

Lucas claims this is

about perseverance. Spider is determined to get to the top.

My question is: Why would this arachnid keep re-climbing? Thirst? Higher quality insects to trap at the top? Better access to the web?

Here's one of my favorites: "A wise old owl sat in an oak. The more he heard, the less he spoke. The less he spoke the more he heard. Why aren't we all like that wise old bird?"

Seriously, this is great advice. Yesterday in the cafeteria, I listened. Here's what I heard.

Two older golfers discussed a difficult sand trap. At the next table, a group of ten gathered to hear their company's income report.

Then, amidst this drudgery, two twentysomethings sitting next to me – obviously dating – talked about their upcoming weekend in detail.

Much like the owl, for the first two conversations I didn't give a hoot.

But that last dialog was so spicy I fell out of my chair trying to hear. But I just told the couple I had a balance problem.

Want another nursery

song? "If you're happy and you know it clap your hands. If you're happy and you know it, and you really want to show it, if you're happy and you know it clap your hands."

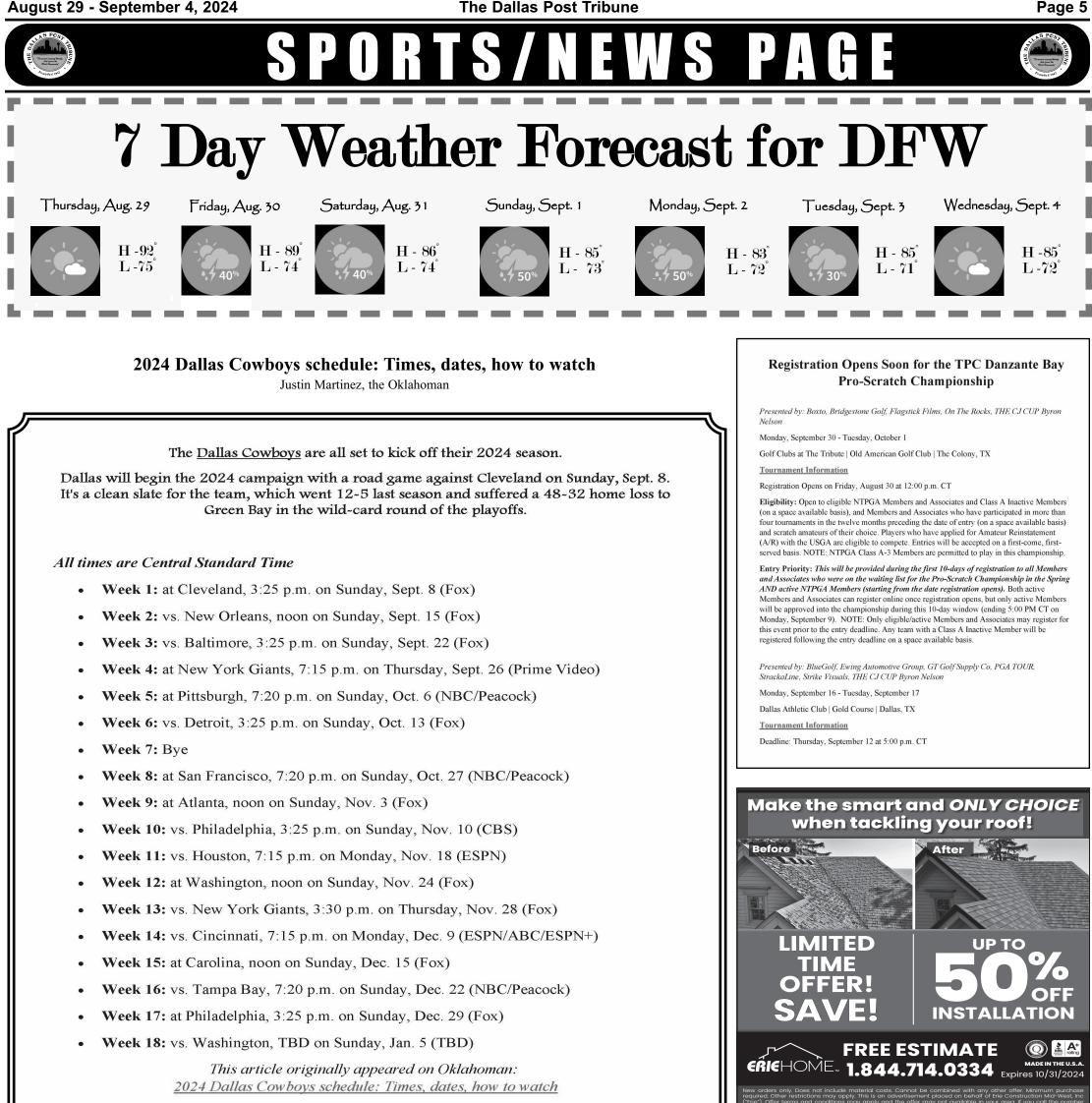
I tried this walking downtown last Saturday. Any time I suddenly felt happy, I started clapping.

This attracted two other clappers with alternative rhythms, a harmonica player, a juggler, and a dog that walked on its back legs.

We open next Thursday night at the civic center.

August 29 - September 4, 2024

The Dallas Post Tribune



Continued Harris Page 1

Convention served as both a celebration of Harris's historic nomination and a pointed critique of the dangers posed by a potential second for the twice term impeached and 34 times convicted former President Donald Trump. Congressman Jason Crow delivered a stark warning about Trump's Project 2025, outlining its potential to compromise national security, alienate allies, and dismantle critical benefits for veterans. "Real strength and security come from our people and our allies. Donald Trump's Project 2025 would abandon our troops, our veterans, our allies, and our principles," Crow emphasized, urging voters to choose Harris as the leader who will stand by America's service members. The evening also brought attention to the enduring scars of racial injustice as four members of the Central Park Five, introduced by Rev. Al Sharpton, took the stage to recount their wrongful convictions and the role Trump played in their suffering. "He spent \$85,000 on a fullpage ad in the New York Times calling for our execution. We were innocent kids. But we served a total of 41 years in prison," said Korey Wise. Yusef Salaam, now a New York City council member, added, "45 wanted us unalive. That man thinks that hate is the animating force in America. It is not."

Sen. Elizabeth Warren also addressed the convention, delivering a scathing critique of Trump's economic record and his disregard for the struggles of ordinary Americans. "Donald Trump, the felon, has no plan to lower costs for families. He doesn't know how, and basically, he doesn't really care," Warren said, praising Harris for her efforts to combat price gouging and protect consumers during crises like the California wildfires and the COVID-19 pandemic. "You know what I love best about Kamala Harris? Kamala Harris can't be bought, and she can't be bossed around," Warren declared to cheers from the crowd. Former Secretary of Housing and Urban Development Marcia Fudge highlighted Harris's lifelong commitment to housing rights, contrasting her leadership with Trump's failed policies. "Kamala Harris has fought to protect homeowners and renters her entire career," Fudge stated, urging voters to support a candidate who believes housing is a human right.

Rep. Elissa Slotkin, a candidate Senate in Michigan, added her voice, drawing on her extensive national security experience to warn against a second Trump term. "The choice in November is stark. America retreating from the world, or leading the world," Slotkin said. The convention also featured a lineup of highprofile celebrities who

voiced their support for the Harris-Walz ticket. Charlamagne Tha God, Dave Chappelle, and Tiffany Haddish attended, while actresses Eva Longoria and Kerry Washington delivered passionate speeches. Comedian D.L. Hughley added his voice to the call for unity and action. The night's entertainment peaked with a performance by superstar Pink, who was joined onstage by her daughter, Willow, for the singer's hit, "What About Us."

Yet the night belonged to Harris, who closed the convention with a powerful call to action. "With this election, our nation has a precious, fleeting opportunity to move past the bitterness, cynicism, and divisive battles of the past," Harris proclaimed. "I know there are people of various political views watching tonight. And I want you to know I promise to be a president for all Americans. I will be a president who unites us around our highest aspirations. A president who leads-and listens." As Harris left the stage for a standing ovation, it was clear that her nomination had energized the Democratic base and set the stage for a deeply consequential election. "We know what a second Trump term would look like. It's all laid out in 'Project 2025,'" she warned. "But the consequences of putting Donald Trump back in the White House are extremely serious."

Continued Three Page 1

air and water, and banks free to take advantage of customers," Walz declared, drawing thunderous applause. "But when we Democrats talk about freedom, we mean the freedom to make your own health care decisions, your kids' freedom to go to school without worrying about being shot."

Walz drew on his life experiences as a teacher, football coach, veteran, and gun owner, vividly depicting his journey from a small town in Minnesota to the national stage. His entrance, set to the tune of John Mellencamp's "Small Town," was met with waves of applause as signs reading "Coach Walz" were distributed throughout the arena.

Reflecting on his modest upbringing and the loss of his father at a young age, Walz spoke about relying on Social Security survivor benefits and the GI Bill, experiences that shaped his values and commitment to public service. "Growing up in a small town like that, you learn how to take care of each other," he said, emphasizing his grassroots approach to politics. He also highlighted his record as Minnesota's governor, where Democrats have enacted significant reforms over the last two years, including gun safety laws, free school lunches, and paid family leave.

"Other states were banning books from their schools; we were banishing hunger from ours," Walz remarked, drawing a clear line between his policies and those of Republicanled states. He also defended Minnesota's stance on reproductive rights, noting that "in Minnesota, we respect our neighbors and the personal choices they make. Even if we wouldn't make those same choices for ourselves, we've got a golden rule: Mind your own damn business."

Walz did not shy away from addressing the rightwing Project 2025 plan, a central theme in the Harris-Walz campaign. He called the plan "weird," "wrong," and "dangerous," warning of its potential harm to American communities. The night's program, "A Fight for Our Freedoms," showcased the Democratic Party's commitment to defending personal liberties and promoting social justice.

Throughout the evening, the convention spotlighted issues such as abortion rights, LGBTQ+ rights, and immigration. The program featured powerful speeches from activists and Democratic leaders, including former President Bill Clinton, former House Speaker Nancy Pelosi, and House Minority Leader Hakeem Jeffries. Rising stars like Pennsylvania Governor Josh Shapiro, Maryland Governor Wes

Moore, and Transportation Secretary Pete Buttigieg also took the stage, highlighting the party's diverse and dynamic future.

Oprah Winfrey delivered a speech that ignited the crowd, countering GOP vice-presidential nominee JD Vance's controversial remarks about "childless cat ladies." Winfrey passionately endorsed Harris, framing her as the candidate of "inclusion over retribution." She vowed that under a Harris-Walz administration, "We won't be set back, pushed back, bullied back; we're not going back."

Beyond the main event, Democratic Reps. Jasmine Crockett of Texas and Maxine Waters of California engaged with the Black Press's "Let It Be Known," where they reiterated their support for Harris and discussed future plans. Crockett praised Harris's mentorship during her first year in Congress, while Waters boldly called for the expansion of the U.S. Supreme Court, citing concerns over Justice Clarence Thomas's alleged corruption.

"Absolutely, I will call for the expansion of the Supreme Court, especially since Justice Clarence Thomas is so corrupt," Waters stated, ending the night with a powerful call to action that encapsulated the Democrats' commitment to reform and justice.

Winners of the 2024 Big Tex® Choice Awards Announced

By **Veronica Delgado** | Photos Credit State Fair: Press Release



Dominican Fritura Dog - Justin Martinez -

The tastiest time of the year is here! The culmination of hard work, sweat, and oil in creating the most appetizing Fair foods. The 20th Annual Big Tex® Choice Awards was one to be remembered. After tasting all 10 foods and evaluating each time, the all-star panel of judges tallied their scores and made their decisions. Without further ado... the winners are: "Best Taste – Savory" goes to the Dominican Fritura Dog by Justin Martinez, "Best Taste – Sweet" goes to Rousso's Cotton Candy Bacon on a Stick by Isaac Rousso, and Texas Sugar Rush Pickles by Heather Perkins takes home "Most Creative."

This savory dish brings an explosion of flavor that starts with fritura cheese and Dominican salami. Taking classic Fair food up a notch, this dish is then double deep fried with their famous corn dog batter! Split open and topped with garlic plantain chips, topsecret Dominican sauce, and cilantro, the Dominican Fritura Dog will bring you the best of salty and sweet with an explosion of Dominican flavor. "Hopefully, we're opening another avenue for people at the State Fair to try something they don't normally try. That's what the State Fair is about," said Justin Martinez, creator of the Dominican Fritura Dog.



Most Creative Texas Sugar Rush Pickles - Heather Perkins -

These cotton-candy-flavored pickle slices are coated in three cereal varieties—Lucky CharmsTM, Froot Loops[®], and Cap'n Crunch[®] —and then layered in cotton candy, cotton candy sugar crystals, and powdered sugar before being drizzled with strawberry sundae syrup. As if that wasn't enough, these dressed-up pickles are served with a helping of vanilla ice cream, adding a perfectly cool touch to this crazy concoction!

Every year, the judges of the Big Tex Choice Awards face the tough yet tasty task of selecting the winning Fair foods – the task at hand this year was not easy; the field was especially competitive. Despite not taking home one of the titles today, the other delicious 2024 finalists

include:

The Drowning Taquitos by Tony & Terry Bednar, Hippie Chips by Rose & Tom Deschenes, Hot Chick-in-Pancake Poppers by Palmer & Amanda Fortune, Texas Fried Burnt End Bombs by Nick Bert, Nevins Nutty Bar-laska by Tami Best Taste – Sweet Rousso's Cotton Candy Bacon on a Stick - Isaac Rousso -

This masterful combination of sweet and savory flavors comes to life with the Cotton Candy Bacon on a Stick—a thick, 12-inch piece of bacon cooked to perfection with a cotton candy glaze on top. The bacon is spun inside a cotton candy machine and torched to caramelize the center and lock in that sweet flavor.

Nevins Mayes & Josey Mayes, Strawberry Pop-Tarts® Beignettfle by Justin Martinez, and Tropical Two-Step Punch by Binh Tran.

This year's panel of celebrity judges was comprised of Brad Batson – Co-Founder, Karbach Brewing Company; Leslie Brenner — Food and Beverage Personality; Calvin Golden — Franchise Expert & Business Consultant; Donovan Lewis — 96.7SportsRadio/1310 The Ticket Host; Nikky Phinyawatana — Founder of Asian Mint Restaurant Group and ChefNikky.com.